

COLLECTED JOURNALS #3

BY

TOBY LURIE

PREFACE

COLLECTED JOURNALS #3, continues my project of converting my journals into book form. As stated in my two previous collections, I've lifted from the pages of each of my previous journals those increments of thought which most resonate for me, recording these statements on the last page of each journal. At the conclusion of each journal I capture those thoughts and convert them into a multi-voiced poem, identified by the journal's number. So this book and books to follow will contain these compositions. At the conclusion of each poem I will show the dates during which that particular journal was recorded. The date of the poem, itself, may be some time later.

As with most of my poetry, these compositions are as much music as poetry, containing the most important elements of music: pitch, tempo, dynamics and rhythm which is the heartbeat of language. And they are constructed from the major forms of music: fugues, crab-fugues, rondos and counterpoint.

To be fully realized they should be read aloud by the number of voices indicated. I've omitted tempo and dynamic directions, leaving those decisions to you, the performers, for personal interpretations vary, and there is no 'wrong' way. The rhythms of your reading should unfold naturally, products of the form and language. Dashes indicate a period of silence and cannot be overstated. Parentheses indicate a theme is moving backwards or borrowed from another voice.

Toby Lurie
2/23/05

VOLUME #18

I

1 I will grow stronger as I grow weaker I will grow stronger
2 **All this a daily journal all this**

1 as I grow weaker I will become more creative as memory
2 **a daily journal simple record**

1 deserts me I will become more creative as memory deserts me
2 **of life passing - - - - -**

1 as memory deserts me
2 **simple record of a life passing - - - - - of a life passing - - - - -**

1 sacrificing language to form sacrificing language
2 **pausing - - - - - for a moment pausing - - - - -**

1 to form and don't doubt it I would
2 **for a moment - - - -** **wondering - - - and moving on - - -**

1 advise myself to cease this eternal preoccupation
2 **I would advise myself to cease**

1 this eternal preoccupation - - - - with time
2 **this eternal preoccupation - - - - with time - - - -**

1 this eternal preoccupation with time - - - - I will grow stronger as I grow weaker
2 **this eternal preoccupation with time I will grow stronger as I**
3 this eternal preoccupation with time
4 **this eternal preoccupation with time**

1
2 **grow weaker - - -**
3 I will become more creative as memory
4 **I will become more creative as memory deserts me**

1 as I grow weaker
2 **I will grow stronger - - -**
3 deserts me - - - I will
4 **as memory deserts me**

1 I would advise myself to cease
2 **this eternal preoccupation**
3 become more creative - - - - - to cease
4 **this eternal preoccupation**

1 with time and very young
2 **with time is time a burden**
3 with time only for the very old
4 **with time - - - only for the old**

1 and very young - - - - -
2 **for us - -**
3 for us between - -
4 **for us between these boundaries - -**

1
2 **and they in turn** **forgotten too**
3 by those who pass
4 **by those who pass** **and they in turn**

1 and they in turn forgotten too - - - - -
2 **and they in turn forgotten too** **we pass**
3 and they in turn forgotten too and they in turn forgotten too - - - - -
4 **forgotten too** **and they in turn forgotten too** **we pass**

1 passing.
2 **passing** - - - - -
3 passing
4 **passing** - - - - -

II

1 Feasting in the sand and fantasies
2 **on cool fresh salted broccoli Feasting in the sand**

1 on cool fresh salted broccoli and fantasies - - -
2 **and fantasies - - -**
3
4 **I see my heroes**

3 I see my heroes growing old I see their bodies
4 **growing old I see their bodies changing**

3 changing their spirits faltering
4 **their spirits faltering they are the mirror through which I see**

3 they are the mirror through which I see myself through which
4 **myself - - - they are the mirror**

1 to cease - - -
2 **everyone - - -** I've forgotten
3 I repeat myself The dented sea
4 **so soon forgotten - - -**

1 a bleached sun
2 **the swollen sky** the swollen sky
3 the dented sea
4 **sagging at horizon's edge**

1 on the insistence of dusk some unforged promise
2 **at horizon's edge**
3 sagging - - -
4 **softening - - -**

1
2 **It's special and nice**
3 struggling to form - - - - - It's special and nice for one to give oneself
4 **It's special and nice for one to give oneself the gift of oneself**

1 It's special and nice for one to give oneself the gift of oneself and so today on my 67th
2 for one to give oneself the gift of oneself and so today on my 67th birthday I'm giving
 3 the gift of oneself and so today on my 67th birthday I'm giving myself such a gift
4 and so today on my 67th birthday I'm giving myself such a gift

1 birthday I'm giving myself such a gift - - - - It's special and nice
2 myself such a gift **the gift of oneself**
 3 **and so**
 4

1 **and I say we must nourish passion**
 2
 3 today on my 67th birthday
4 I'm giving myself such a gift - - - -

1 cultivate an abundant crop an abundant crop
2 we must **and I say** **we must nourish passion**
 3
 4

1 on the threshold
2 **don't know about them - - -** of the next
3 make mistakes on the threshold
4 **I am always** of the next

1 that moment before I arrived
2 **moment - - -** which I was on at this moment
3 before I arrived - - -
4 **moment - - -**

1 the only one
2 **which is the only one - - -**
3 before I arrived I will ever know - - - -
4 **at this moment**

1 I've forgotten
2 **I've forgotten plenty of words** lost from forgetfulness
3 all here
4 **You all - - here**

1 plenty of words

2

lost from forgetfulness

3

everyone

4

all of you

the choice was never yours

1

but this does not limit the scope of my thoughts - - -

2

3 never yours

4

the choice was never yours

1

2

but this does not limit the scope of my thoughts

3 thought you made it

just my ability

4

1

to express them

2

lost from forgetfulness

3

when you're anyplace - - - -

4 **and now you're here**

where you are

1 I must do what I must do do nothing - - - - I will grow stronger
2 **I must do what I must do - - - - and I must**
3 I must do what I must do do nothing
4 **I must do what I must do - - - - and I must**

1 as I grow weaker
2 **I will grow stronger as I grow weaker - - - -**
3 I will become more creative as my memory
4 **I will become**

1 and don't doubt it - - - -
2 **and don't doubt it**
3 deserts me and don't doubt it - - - -
4 **more creative as my memory deserts me - - - - and don't doubt it**

1 We pass passing - - - - by those who pass - - - -
2 **so soon forgotten - - - - and they - - - -**
3 We pass passing - - - - by those who pass - - - -
4 **so soon forgotten - - - - and they - - - -**

1 in turn - - - - - forgotten too...
2 **forgotten too** - - - - -
3 in turn - - - - - forgotten too...
4 **forgotten too** - - - - -

3/22-23/95
Journal #18, 3/15/92—6/25/92

VOLUME #19

1 I'm sitting on the steps of a Zen Temple
2 **I'm sitting on the steps on the steps of a Zen Temple**
3

1 in the middle of Tokyo
2 **in the middle of Tokyo - - - - - suddenly feeling**
3 I'm sitting on the steps

1 suddenly feeling weak
2 **weak sweaty and unwell**
3 of a Zen Temple in the middle of Tokyo

1 sweaty and unwell - - - - - I'm asked to leave
2 **I'm asked to leave and wander off**
3 suddenly

1 and wander off through a typhoon
2 **through a typhoon** **struggling** **with my body**
3 feeling weak sweaty and unwell

1 struggling with my body
2 **and an umbrella**
3 I'm asked to leave and wander off

1 with my body - - - and an umbrella - - -
2 **and an umbrella**
3 through a typhoon struggling with my body and an umbrella - - -

1 in the middle of Tokyo suddenly feeling I'm sitting on the steps
2 **in the middle** **of Tokyo - - -**
3 in the middle of Tokyo

1 of a Zen Temple suddenly
2 **suddenly feeling - - - - -**
3 I'm sitting on the steps of a Zen Temple feeling suddenly

1 In a massive stew of people
2 **In a massive stew**
3 suddenly feeling weak sweaty and unwell

1 I search for a familiar face - - - - -
2 **of people I search**
3 I'm asked to leave - - - and wander off

1 one Western face
2 **for a familiar face**
3 through a typhoon struggling with my body

1 in thousands apart from my own - - - - -
2 **one Western face in thousands**
3 and my umbrella

1 in thousands - - - - -
2 **apart from my own - - - - - apart from my own - - -**
3 in thousands - - - - -

1 I understand
2 I understand
3
4 I understand - - - that it is necessary to understand

1 that it is necessary to understand
2 that it is necessary
3 I understand
4 that it is not necessary

1 I understand that it is necessary
2 I understand that it is necessary
3 that it is necessary - - - I understand
4 to understand - - -

1 to understand that it is
2 to understand
3 that it is necessary
4 the mystery of that which cannot be

1 that it is not
 2 **that it is necessary**
 3 to understand
 4 **by understanding** I understand - - - - -

1 to understand
 2 **is not necessary - - - - -** that it is
 3 not necessary to understand
 4 **I understand**

1 the mystery of that
 2 **the mystery**
 3
 4 **- - - - - In those moments** of purest passion's peak

1 which can only be - - - - -
 2 **of that** which can - - - - -
 3 the mystery of that
 4 **there is not mind** no voice

1 understood - - - -
2 **only be- - -** understood
3 which can only be - - - understood - - - -
4 **only soul** **and being**

1 by not understanding
2 **by not understanding**
3 by not understanding I'm sitting on the steps of a Zen Temple
4 **- - - - -I'm sitting on the steps of a Zen Temple in the middle of Tokyo**

1 In this massive stew of people I search for a familiar face
2 **In this massive stew of people**
3 in the middle of Tokyo - - - -
4

1
2 **I search for a familiar face - - - - -**
3 Suddenly feeling weak sweaty and unwell
4 **Suddenly feeling weak sweaty and unwell**

1 - - - - One Western face in thousands apart from my own
2 **One Western face in thousands apart from my own - - - -**
3
4

1 the place in Osaka
2 **I understand**
3 I'm asked to leave
4 **I'm asked to leave and wander off**

1 where my paintings hang is neither
2 **that it is necessary**
3 and wander off
4 **through a typhoon**

1 a coffee house
2 **to understand**
3 through a typhoon struggling
4 **struggling with my body**

1 nor a gallery - - - because - - -
2 **that it is not necessary**
3 with my body
4 **and my umbrella**

1 by being one it is unable
2 **to understand the mystery of that which cannot**
3 and my umbrella
4

1 to be the other I understand
2 **be understood - - - by understanding can only be**
3 I understand
4

1 that it is necessary
2 **understood by not understanding In those moments**
3 I understand - - -
4

1 to understand that it is not necessary
 2 **of purest passion's peak**
 3 I understand - - - - I understand

1 to understand the mystery
 2 **there is no mind** **no voice**
 3 I understand - - - - I understand

1 - - - - of that which can only be
 2 **only soul** **and being**
 3 I understand - - - - I understand

1 - - - - understood - - - - by not understanding - - - -
 2 **no mind - - - -**
 3 I understand

1 by not understanding - - - -
 2 **only soul - - - -**
 3 I understand - - - -

1 by not understanding - - - - -

2 **and being** - - - - -

3 I understand - - - - -

1 I understand...

2 **I understand...**

3 I understand...

San Francisco, 12/21-22/94
Journal #19, 6/29/92 – 11/10/92 (commingled with Journal #20)

VOLUME #20

1 There is nothing purer nothing more faithful
2 **There is nothing purer - - -**
3 There is nothing purer - - -

1 more generous - - - - There is nothing more holy
2 **There is nothing more faithful**
3 There is nothing

1 powerful and peaceful
2 **more generous more holy**
3 more faithful more generous more holy

1 There is nothing purer more holy
2 **There is nothing more faithful powerful - - - -**
3 more generous powerful

1 more forgiving than nature
2 **and peaceful** or more instructive than nature - - -
3 and peaceful than nature
4 **I am the forest**

1 There is nothing purer
2 **There is** nothing purer
3 I am the forest I am
4 **I am** the sunset

1 nothing nothing more faithful - - - - -
2 **nothing more faithful**
3 the sunset I am the sea
4 **I am** the sea

1 more generous powerful more
2 **more holy** and peaceful
3 I am I am all
4 **I am** **I am all**

1 ourselves
2 **We can't escape**
3 The moment is always the moment
4 **The moment is always**

1 We can't escape from ourselves
2 **We can't escape**
3 and this moment is the
4 **the moment and this**

1 so we might as well
2 **from ourselves**
3 only moment which I will
4 **moment is the only moment which I will**

1 endorse embracement It's simply us
2
3 which I will ever have - - - - which makes it eternal
4

1 you and you
2 **so we might as well**
3 I am here
4 **ever have - - - - - which makes it eternal**

1 and me and me - - -
2 **endorse embracement**
3 with and within - - - - -
4 **They're pulling at you**

1 and me
2 **I'm not shallow**
3 you and you with and within you and you
4 **some pulling you back**

1 and its all been said - - - - - nothing before
2 **and its all been said my water-mark**
3 and its all been said with me - - - - -
4 **and its all been said across the coil**

1 nothing beyond nothing more - - - -
2 **is adjusted to comfort - - - -**
3 Join up with me
4 **I say**

1 Its simply us
2 **(they should all let go) Join up with me**
3 (they should all let go) - - - - better still
4 **they should all let go and listen - - - -**

1 you and you and me
2 **better still**
3 join up with yourselves I am there
4 **to what you have to say**

1 and me (and me
2 **better still**
3 with and within you (I am there
4 **May you live (may you live**

1 I am I am
2 **better still** join up with yourselves - - - - **the forest** **the sunset**
3 I am I am
4 **nothing more)** **the forest** **the sunset**

1 I am I am I am all that I behold
2 **the sea**
3 I am there as you are here with and within
4 **the sea** **I am** **all that**

1 It's simply us - - you and you and me and me - - its all been lived
2 **all that I behold - - - - -**
3
4 **I behold**

1 its all been said - - nothing before - - nothing beyond - - nothing more - - - - -

2 **The moment is always the moment - - and this moment is the only moment I will ever have**

2 which makes it eternal - - - - -

3 There is nothing purer - - nothing more trustworthy - - more

3 generous - - more holy powerful and peaceful - - more forgiving or more instructive

4

3 than nature - - - - -

4 **Join up with me - - better still join up with yourselves - - I am there**

1 It's simply us you and you and me and me - - its all been lived

2 **The moment is**

3

4 **and you are here - - - - -**

1 its all been said - - nothing more - - - - - nothing beyond - - - - - It's simply us

2 **always the moment and this moment is the only moment I will ever have**

1 you and you - - - - - and me and me
2 **which makes it eternal - - the moment is always the moment** and this
3 There is nothing purer - - nothing more trustworthy - - - - - more generous
4 **Join up**

1 its all been lived - - its all been said - - - - - nothing before - - - - - nothing beyond - - - - -
2 **moment is the only moment I will ever have which makes it eternal - - - The moment is**
3 more holy - - - - - powerful and peaceful - - more forgiving - - or more instructive than
4 **with me - - better still join up with yourselves - - - - - I am there as you are here**

1 nothing more - - - - - nothing more - - - - - nothing more - - - - -
2 **always the moment and this moment is the only moment I will ever have which makes it**
3 nature - - - - - There is nothing purer - - nothing more trustworthy - - - - - more generous
4 **with and within - - - Join up with me better still join up with yourselves - - I am there as**

1
2 **eternal**
3 more holy - - powerful and peaceful - - more forgiving - - or more instructive than nature
4 **you are here - - - - - with and within - - - - - with and within - - - - - with and within - - - - -**

1	nothing before - - - - -	with and within - - - - -
2		nothing beyond - - - - -
3	nothing before - - - - -	with and within - - - - -
4	with and within - - - - -	nothing beyond - - - - -

1 which makes it eternal...
2 which makes it eternal...
3 which makes it eternal...
4 which makes it eternal...

San Francisco, 1/95
Journal #20, 9/21/92 – 1/1/93

VOLUME #21

1 I measure my days with cups of tea - - - I fill these pages silently - - - We are not
2

1 the wisdom nor the solution we are the problem
2 **We are not the wisdom the solution we are not - - - - -**

1 and the ignorance so I return
2 **the problem we are we are - - - we are the ignorance**

1 to Nature's way - - - We are not the wisdom
2 **We are the problem so I return to Nature's way**

1 nor the solution - - - We are the problem
2 **If only I could If only I could share it - - - - -**

1 and the ignorance so I return to Nature's way
2 **share it with her but maybe this covenant**

1 If only If only I could share it
2 **this covenant with myself and this place enhances it**

1 with her - - - - but maybe this covenant with myself
2 **If only I could share it share it with her**

1 and this place enhances it - - - -
2 **but maybe this covenant this covenant with myself**

1 We are not the wisdom we are not the wisdom
2 **with myself and this place enhances it - - - -**

1 nor the solution we are
2 **There's a scent**
3 There's a scent a scent of sadness in the air

1 the problem and the ignorance so I return
2 **of sadness** in the air
3 my sadness indefinable

1 to Nature's way - - - - If only I could
2 **my sadness** indefinable
3 but present in my body

1 I could share it share it with her
2 **but present** in my body
3 an infection of uncertain origin

1 - - - - but maybe this covenant this covenant with myself
2 **an infection** of uncertain origin
3

1 and this place enhances it - - - - There's a scent
2 **There's a scent of sadness in the air**
3 There's a scent of sadness in the air

1 of sadness in the air - - - - my sadness - - -
2 **my sadness - - -**
3 my sadness - - - indefinable but present

1 If only I could share it with her but maybe this covenant with myself and this place
2 **If only I could share it with her but maybe this covenant**
3 If only I could share it

1 enhances it indefinable
2 **with myself and this place enhances it**
3 with her but maybe this covenant with myself and this place enhances it - - -

1 but present in my body
2 **indefinable but present in my body**
3 in my body an infection

1 an infection of uncertain origin
2 **an infection of uncertain origin - - - - -**
3 of uncertain origin - - - - -

1 I am here because I
2 **The self** **without desire**
3 I measure my days with cups of tea - - - -

1 because I have finally attained life
2 **without desire or need - - - -**
3 I fill these pages

1 life of the moment and the moment is without history
2 **has everything - - -**
3 silently - - - -

1 without history and eternal
2 **I am here** **because I have finally attained life**
3 here I am - - - because I have

1 and here is where I am - - -
2 **of the moment** **and the moment**
3 finally attained life - - -

1 in every moment I measure
2 is with history and here - - - -
3 of the moment and eternal

1 my days with cups of tea I fill these pages
2 is where I am - - - in every moment
3 and here

1 The self without desire or need
2 The self
3 is where I am - - - in every moment - - - -

1 has
2 without desire without desire or need - - -
3 The self without desire or need - - -

1 has everything
2 has everything I've forgotten more episodes
3 has everything - - - - I measure my days with cups of tea

1 I've forgotten more episodes more episodes
2 **of forgetfulness**
3 I fill these pages silently - - - -

1 of forgetfulness than I can remember
2 **than I can remember - - - -**
3 I measure my days

1 I fill these pages Great amorphous shapes of scuzz
2 **silently - - - -**
3 with cups of tea - - - - I fill these pages

1 formed by a pounding surf
2 **Great amorphous shapes of scuzz - - - -**
3 I measure my days

1 beached like some heartbreaking anemone
2 **formed by a pounding surf**
3 with cups of tea

1 breathing
2 **beached** like some heartbreaking anemone - - - -
3 I fill these pages silently - - -

1 their last before an omnivorous sun
2 **breathing their last**
3 I measure my days with cups of tea

1 There's a scent of sadness
2 **before an omnivorous sun**
3 I fill these pages silently - - - -

1 in the air my sadness There's a scent of sadness
2 **If only I could share it with her - - - -**

1 in the air my sadness indefinable
2 **If only I could share it with her - - - - but maybe - - -**

1 but present in my body an infection of uncertain
2 **this covenant with myself and this place**

1 origin There's a scent of sadness in the air
2 **enhances it - - - - - If only I could share it - - -**

1 my sadness - - - I measure my days with cups of tea
2 **with her - - - I measure my days with cups of tea - - -**

1 I fill these pages silently The self the self without desire
2 **I fill these pages silently - - - - - We are we are what we are**

1 or need has everything All of us are alone
2 **nothing more nothing less at any time - - - - -**

1 because self love is unknown
2 **searching for an addition to ourselves misunderstood**

1 because we do not allow it - - - -

2 or impossible

I must reinvigorate this self - - - -

1 reinvent joy with spirit - - - -

back on the boil - - - - -

2

get back on the boil - - - -

1 and I must do nothing...

2 and I must do nothing...

San Francisco, 11/94
Journal #21, 1/3/93 – 4/14/93

VOLUME #22

1 There are days which barely survive themselves passionless days
2 **There are days**
3

1 lonely days
2 **which barely survive themselves - - -** passionless days
3 There are days

1 slow and tedious days Days - - -
2 **lonely days**
3 which barely survive themselves passionless

1 when one wishes only for the day
2 **slow and tedious days** days - - -
3 days lonely days

1 to end - - - - - There are days
2 **when one wishes**
3 slow and tedious days - - - - - Days when

1 passionless days lonely days
2 **only for the day**
3 one wishes only for the day to end - - -

1 slow and tedious days
2 **to end - - - - -** **Passing** **the days**
3 Passing the days alone in Reno

1 days when one wishes only for the day
2 **alone in Reno** **no need to communicate**
3 no need to communicate

1 to end - - - - -
2 **Simply grazing** **in present time**
3 Simply grazing in present time munching

1
2 **munching in the pastures of self-indulgence - - - - -**
3 in the pastures of self-indulgence grazing in present time

1 grazing in present time munching in the pastures of self-indulgence
2 **grazing in present time munching in the pastures of self-indulgence**
3 munching in the pastures of self-indulgence

1 There are days
2 **There are days when one wishes**
3 There are days when one wishes

1 when one wishes to end - - - - -
2 **only for the day to end - - - - -**
3 only for the day to end - - - - -

1 There are days when one wishes only for the day to end
2 **There are days when one wishes only for the day to end**
3 There are days when one wishes only for the day to end

1 - - - - Simply grazing in present time munching in the pastures of self-indulgence
2 **Simply grazing in present time munching in the**
3 Simply grazing

1 Trapped in these
2 **pastures of self-indulgence**
3 in present time munching in the pastures of self-indulgence - - - -

1 awesome mountains - - on this huge granite slab - - trapped on my back between the
2
3

1 roaring of this great passage - - and its tears - - - - Trapped
2
3 Back to Indian Creek

1 in these awesome mountains on this huge granite slab
2
3 foaming cauldron recycling

1 trapped on my back between the roaring

2

3 enormous snows of winter to reservoirs

1 of this great passage - - - and its tears - - - - -

2

How many - - - - - how many of us

3 of Spring

1

2 - - - - - **how many of us are on the edge - - - - - how many of us are on the edge of madness**

3

1 of madness how many of us how many - - -

2

of us - - - - - how many - - - - - how many

3 of madness how many of us how many - - -

1 of us how many - - - - - many many how many - - - - -

2

how many of us - - - - - of us

3 of us how many - - - - - many many how many - - - - -

1 of us Dear mindless one
2 **Dear mindless one** once beautiful and bright
3 how many

1 once beautiful and bright
2 **now we would all avoid you**
3 how many of us - - - are on the edge

1 now we would all avoid you - -
2 **because your mind** is not right **How many of us**
3 of madness

1 because your mind is not right - - -
2 **avoid it** out of fear **because your mind**
3 how many of us avoid it

1 out of fear Dear mindless one
2 **is not right - - - -** out of fear or cowardice - - - -
3 out of fear or cowardice

1 in present time - - - munching in the pastures of self indulgence - - - - -
2 **pastures of self-indulgence**
3

II

3 I would extract regret from grief
4 **I would extract regret from grief and longing from fantasy**

3 and longing from fantasy which leaves me
4 **which leaves me without grief but full**

3 without grief - - - - but full of confusion
4 **of confusion from grief - - regret from fantasy - - - -**

3 I would extract - - - - I would extract regret from grief
4 **from fantasy longing - - - and longing**

3 I would extract without grief
4 **from fantasy I would extract - - - which leaves me without - - -**

3 but full of confusion - - - - without grief - - - -
4 **but full of confusion confusion - - - - from fantasy - - - -**

1 An obese couple sat silently at the next table
2 **An obese couple sat silently - - - -**

1 They were ravenously devouring their platters all attention
2 **at the next table They were**

1 focused to their food nothing
2 **ravenously devouring their platters all attention focused**

1 for one another nothing for one another - - - - -
2 **to their platters - - - - -**

1
2
3 Night distortions cleverly invaded
4 I'm still unclear - - - - - when I lie awake victim of

1 The ultimate expression
2
3 daytime sensibilities
4 manufactured concerns - - - and anxieties

1 of Art is to live
2 The ultimate expression of Art
3 I'm still unclear - - - - -
4 night distortions

1 in our own world
2 is to live
3 I'm still unclear - - - - - when I lie awake
4 cleverly invading

1 while respecting those

2

in our own world

3

victim of - - - - -

4

daytime sensibilities

I'm still

1

who live in theirs

2

while respecting

3

manufactured concerns and anxieties

4 unclear - - - - -

1

I'm still unclear

2 those

I'm still unclear - - - - - who live in theirs - - - - -

3

night distortions - - - - -

I'm still unclear

4

I'm still unclear - - - - -

1

still unclear - - -

2

I'm still unclear - - -

3

- - - - - cleverly invading daytime sensibilities - - - - -

still unclear - - -

4

I'm still unclear - - -

1 The word escapes me The final
 2 **The word**
 3 I escape the only word - - - - -
 4 **The single word**

1 word - - - - - the sacred word
 2 **the essential word - - - - -** **word** **word - - -**
 3 word word
 4 **word** **the holy word**

1 secrets - - - - -
 2 **silently - - - - -** **between - - - - -**
 3 passing - - - - -
 4 **Spring - - - - -**

1 regret - - - - - sensibilities - - - - -
 2 **those - - - - -**
 3 madness - - - - -
 4 **because - - - - -**

1 a nest of words - - - - -
2
3 You - - - - - artificial words
4 I - - - - - **loaded words**

1 ominous words But the word
2 **pregnant words** the word - - - -
3 infinite words - - - -
4 **the word**

1 the word escapes me - - - - - Join up with me better yet
2 **the word escapes me** Dear mindless one
3 the word escapes me
4 **the word escapes me** I'm a carrier

1 join up with yourself I am there
2 **once beautiful and bright**
3 Passionless days
4 **a carrier**

1 dare not know them - - -
2 **that even I**
3 so dark and deep a carrier of secrets
4 **of secrets - - - so dark and deep**

1 dare not know them
2 **that even I - - - - -**
3 days when one wishes
4 **slow and tedious days**

1 only for the day Join up with me
2 **the day to end - - - - - better still join up**
3 only for the day better still
4 **the day to end - - - - - Join up with me - - - - -**

1 Come home - - - - - I am here - - - - - come home
2 **with yourself**
3 join up with yourself - - - - - come home
4

1 come home - - - - - so dark and deep
2 **I am here** **I am here - - - - -** **I am here - - - - -**
3 come home - - - - -
4 **I am here** **I am here - - - - -** **I am here - - - - -**

1 I am here - - - - - I am here - - - - - - - - -
2 **grazing in present time**
3 I am here - - - - - I am here - - - - - - - - -
4 **Join up with me**

1 Did I say it - - - - - I am here...
2 **the edge of madness** **come home - - - - -**
3 Did I say it - - - - - I am here...
4 **come home - - - - -**

San Francisco, 3/95
Journal #22, 4/20/93 – 7/30/93

1 ready and open open to fullness
2 **there is nothing to desire and one has everything - - - -**

1 The mindful mind is an empty mind
2 **but in order to achieve a desireless state one is - - -**

1 the empty mind is a fresh mind full of emptiness
2 **probably still in the grip of desire**

1 ready and open
2 **(full of emptiness) - - - -** **How can there be**
3 I have become desireless

1 The mindful mind is an empty mind
2 **anything other than this moment**
3 in the proper way

1 (and how can any other moment exceed this
2 **and how can any other moment exceed this moment**
3 unforced and natural - - - - (and how can any other moment

1 moment) The empty mind - - - -
2
3 exceed this moment) - - - - How simple the process - - - -

1 is a fresh mind
2 **freshest and purest moment**
3 and how utterly impossible - - - -

1 full of emptiness - - - -
2 **purest moment ever known** - - - - **when** - - - -
3 I will become - - - -

1 ready and open - - - - (nothing is there)
2 **there is no desire** **there is nothing**
3 become desireless

1 the process - - - - - and how utterly impossible - - - - -
2
3 unforced and natural - - - - -

1 how utterly impossible - - - - - .
2 **how simple the process** - - - - -
3 how utterly impossible - - - - -

II

1 We creep into middle age
2 **We creep**
3 Sometimes
4 **Sometimes in the rare clutch of doubt**

1 imperceptibly and pass through
2 **into middle age**
3 in the rare clutch of doubt
4 **I pause** - - - - -

1 and pass through that
2 **imperceptibly** and pass through that territory
3 I pause - - - -
4 **for a moment**

1 territory between middle and old-age almost unnoticed
2
3 and ask myself for a moment
4

1
2 **between middle and old-age** almost unnoticed
3 and ask myself
4 **what I'm doing - - - -**

1 and one day - - - and one day with the suddenness of a vice
2 **and one day with the suddenness of a vice**
3 what I'm doing
4

1 it grips us - - - imperceptibly
2 **it grips us - - - -**
3
4 **We creep into middle-age and pass**

1
2 **imperceptibly**
3 imperceptibly
4 **through that territory between middle and old age - - - -**

1 We creep through middle-age and pass through that territory
2
3 imperceptibly
4 **imperceptibly**

1 between middle and old-age - - - almost unnoticed - - - -
2 **imperceptibly almost unnoticed**
3 almost unnoticed - - - -
4 **almost unnoticed**

1 imperceptibly
2 **and one day**
3 with the suddenness of a vice
4 **imperceptibly - - - - -**

1 it grips us - - - - almost unnoticed - - - -
2 **it grips us** for a moment - - - -
3 it grips us almost unnoticed - - - -
4 **it grips us**

1
2 **between middle and**
3 imperceptibly - - - - I pause - - - -
4 **I pause - - - - one day - - - -**

1 and ask myself there is nothing
2 **old age - - - how simple the process - - - -**
3 and ask myself
4 **how simple the process - - - - There is no desire**

III

1 When my brothers are together there's an affection
2 **I'm seated beside a coffin** **my mother**

1 and a madness between them that severely tests
2 **or my sister** **or someone else within**

1 my patience When my brothers are together
2 **but there is no sadness** **rather a deep**

1 there's an affection and a madness
2 **penetrating joy - - - -** **I'm seated beside a coffin**

1 between them that severely tests my patience
2 **my mother or my sister** **or someone else within**

3 prestigious walls of museums and galleries
4 **to the People** **I suppose I should mention**

3 to make my art more accessible
4 **that the museums and galleries have also ignored me - - -**

1 There is nothing more to say and I will say it
2 **There is nothing**
3 There is nothing more
4

1 as long as there is time
2 **nothing more to say - - - -** **and I will say it**
3 to say
4 **There is**

1 or breath to say
2 **as long as there is time**
3 and I will say it as long as there is time
4 **nothing more to say**

1 there is nothing more to say - - -
2 **as there is time or breath to say**
3 as there is time or breath
4 **and I will say it**

1
2 **there is nothing more to say - - -**
3 there is nothing more to say - -
4 **as long as there is time or breath to say**

1 and I will say it as long
2 **nothing more - - -**
3 nothing more - - -
4 **there is nothing more - - -**

1 as there is time or breath to say - - -
2 **and I will say it as long as there is time or breath to say**
3 to say - - - there is
4 **to say there is**

1 nothing more - - - to say I say - - -
2 **nothing more to say - - -**
3 nothing more - - - - nothing more - - - to say I say - - -
4 **nothing more to say - - -**

1 and will say it as long as there is time
2 **there is nothing more to say**
3 there is nothing more to say - - - - -
4 **and I will say it as long**

1 there is nothing more to say nothing more
2 **to say there is nothing more to say**
3 to say there is
4 **as there is time or breath to say**

1 to say nothing more - - - - -
2 **nothing more to say**
3 nothing more to say nothing more to say nothing more - - - - -
4 **there is nothing more to say nothing more to say - - - - -**

1 nothing more - - - - - to say - - - - - nothing more - - - - -
2 **nothing more** nothing more - - - - - **to say - - - - -**
3 nothing more - - - - - to say - - - - - nothing more - - - - -
4 **nothing more** nothing more - - - - - **to say - - - - -**

1 there is nothing more to say - - - - - to say - - - - -
2 **there is nothing more to say** **to say...**
3 there is nothing more to say - - - - - to say - - - - -
4 **there is nothing more to say** **to say...**

San Francisco, 2/12-13/95

S

VOLUME #24

1 I am here - - - here where I am - - - and there is nothing - - - nothing else - - - I am here
2

1 here where I am and there is nothing
2 **When we hold the weeping person we are holding**

1 nothing else I am here where I am
2 **ourselves - - - - When we hold the weeping person**

1 and there is nothing - - - nothing else - - -
2 **we are holding ourselves**
3 Whatever we become

1 I am (I am)
2 **When we hold (when we hold) the weeping**
3 becomes (whatever we become) - - -

1 here here where I am
2 **person we are holding ourselves - - - -**
3 us whatever we become

1 and there is nothing nothing else
2 **we we are holding**
3 becomes us whatever we become

1 (nothing and there is
2 **(we are holding we)**
3 - - - - (whatever we become us becomes)

1 where I am) - - - - There is no place to hide - - - -
2 **There is no place to hide**
3 There is no place to hide

1 and there is nothing to hide from - - - - There is
2 **and there is nothing to hide from**
3 and there is nothing to hide from There is nothing

1 no place to hide I am here
2 **There is nothing** **nothing - - -** **to hide from**
3 to hide from There is

1 here - - - where I am and there is - - -
2 **there** **is**
3 no place - - - to hide and there is - - -

1 nothing else - - - I am here
2 **no place** **to hide** **here where I am**
3 nothing - - - to hide from - - - I am here

1 I am here nothing else - - - - - nothing
2 **and there is nothing - - -**
3 I am here nothing else - - - - - and there is
4 **There are things**

1 and there is
2 **nothing else** here I am
3 I am here
4 **unsharable** and the pain of that reality

1 no place the weeping person
2 **to hide**
3 when we hold
4 **makes them** even more sacred - - - - -

1 we are holding ourselves
2 **When we hold**
3 There are things unshareable
4 **There are** things

1 when we hold
2 **the weeping person** we are holding
3 and the pain of that reality
4 **unshareable**

1 the weeping person
2 we are holding
3 makes them
4 **and the pain of that reality makes them**

1 ourselves - - - - -
2
3 even more sacred - - - - -
4 **even more sacred - - - - -**

II

1 The heavens have orchestrated a marvelous sunset
2 **The heavens**
3 Life while it's being lived
4

1
2 **have orchestrated a marvelous sunset**
3 seems eternal
4 **Life while it's being lived**

1 on this last day of this first month
2 **on this last day**
3 but at its end
4 **seems eternal**

1 in this barely begun
2 **of this first month**
3 the eternal disbelief
4 **but at its end** **the eternal**

1 fading year
2 **in this** **barely begun**
3 and question - - - where - - -
4 **disbelief** **and question** **where**

1 I am here here where I am
2 **fading year**
3 did it go - - - - - where - - - - -
4 **where did it go - - - - -**

1
2 **I am here** **here - - - -** **where I am**
3 did it go Life while it's being lived seems eternal
4 **where** **did it go** **Life while it's**

1 and there is nothing nothing else
2 **and there is nothing**
3 but at its end
4 **being lived seems eternal** **but at its end**

1 we become becomes us
2 **whatever**
3 the eternal disbelief and question - - -
4 **and question - - -**

1 When we hold
2 **we become** **becomes us**
3 where did it go
4 **where did it go - - - did it go - - -**

1 the weeping person
2 **when we hold** the weeping person
3 where - - - did it go
4 **where - - -** **did it go - - -**

1 we are holding ourselves we are holding ourselves
2 **we are holding ourselves** **we are**
3 whatever we become
4

1 ourselves
2 **holding ourselves - - - - -**
3 becomes us - - - - -
4 **whatever we become - - - - -**

1 ourselves - - - - -
2 **ourselves - - - - -**
3 becomes us - - - - -
4 **becomes us - - - - -**

III

1 Our dreams are laced with such exotic madness that there is no logical way of tracing
2 **Our dreams are laced with such exotic madness that there is no**
3 Our dreams are laced with such exotic
4 **Our dreams are**

1 them to a reality
2 **logical way of tracing them to a reality**
3 madness that there is no logical way of tracing them to a reality
4 **laced with such exotic madness that there is no logical way of tracing them to a reality - - -**

1 There's no place to hide and nothing to hide from
2 **There's no place to hide and nothing to hide from - - - -**
3 There's no place to hide and nothing to hide from
4 **There's no place to hide and nothing to hide from - - - -**

1 I understand There is nothing else
2 **I understand I am here**
3 There's no place to hide and nothing to hide from - - There's no place to hide and nothing

1 but never from the loss - - - - -
2 **One recovers from the pain of loss**
3 to hide from - - There's no place to hide and nothing to hide from

1 She would ignite at the suggestion that she's addicted
2 **To not believe in God and try**

1 or that she will only succeed when her motivation exceeds
2 **to imitate him is as arrogant**

1 her habit We all have our own agenda
2 **and fraudulent as one can possibly be - - - - -**

1 and that agenda is ourselves in one form
2 **We all have our own agenda and that agenda**

1 or another in one form ----- or another -----
2 **is ourselves in one form -----**

1 I am here ----- here I am -----
2 **or another ----- here am I -----**

1 and there is nothing ----- is nothing -----
2 **there is nothing -----**

1 nothing else...
2 **nothing else...**

San Francisco, 11/94
Journal #24, 11/9/93 – 2/21/94

VOLUME #25

I

1 Whatever we are is whatever we need to be
2 **Is whatever we need to be - - - - -**
3
4

1
2 **whatever we are - - -**
3 We are whatever we need to be
4 **to be whatever we are - - - - -**

1 we are is whatever
2 **whatever we are to be**
3 we need whatever is
4 **to be whatever we are**

1 and we need not even be that
2 **and we need not even be that** - **whatever we are - - - -**
3 and we need not even be that is that
4 **s and we need not even be that - - - - -whatever that is**

1 We will only do what we are destined to do
2 **We will only do**
3 what we are
4 **We will only do**

1 what we are destined to do
2 **what we are destined to do**
3 We will only do what we are
4 **We will only do what we are - - -**

1 and we need not even do that - - - - and be what we are
2 **and we need not even be that**
3 and we need not even do that what we are
4 **and we need not even be that we are destined**

1 to be what we are to be - - - -
2 **we are destined** and we need not even be that
3 to be - - - -
4 **to be** and we need not even be that

1 For we are the author of our destiny
2 **We are** the author of our destiny - - -
3 the sole author
4

1 and we need not even be that - - - - I remember you
2 **and we need not even be that** I remember - - -
3 and we need not even be that I remember - - -
4 **and we need not even be that - - - - - I remember you**

1 from a long person ago
2 **I remember you** from a
3 I remember
4 **when your poetry and dreams**

1 poetry and dreams
2 **long time ago**
3 you I remember from a long time ago
4 **I remember you**

1 were as fresh as your bagels and tea - - - -
2
3 and relentless the days
4 **I remember you**

1
2 **I remember you**
3 which I announce and praise and mourn - - - -
4 **from a long person ago**

1 and relentless the days which I announce - - - -
2 **from a long person ago**
3 advance and
4 **from a long person ago**

1 and praise - - - and mourn
2 **when poetry and dreams**
3 decline of days Another month
4

1 Advance and decline of days
2 **were as**
3 so recently arrived
4 **from a long person ago - - -**

1 Another month so recently arrived
2 **fresh as your bagels and tea - - -**
3 so soon fallen
4

1
2
3 so soon fallen
4 **when your poetry and dreams were as fresh as your bagels and tea - - - - -**

1 They're all inside hunched over machines
2 **They're all inside**
3
4 **It's all attitudinal**

1 pulling and pushing
2 **hunched over machines**
3 **It's all attitudinal**
4 **If you want to win**

1 fateful levers I have a feeling
2 **pushing and pulling**
3 **If you want to win**
4 **If you need to win**

1 that there is a certain perverse pleasure in losing - - -
2
3 **If you need to win**
4 **If you must win**

1 it has to do with bondage
2 **fateful levers** I have a feeling
3 If you must win
4 **you're going to lose**

1
2 **it has to do with bondage - - - - -**
3
4 **even if you occasionally win** the stench of your normal

1
2
3 the stench of your normal pattern of losing will prevent you from rejoicing
4 **pattern of losing will prevent you from rejoicing**

1 - - - punishment and sexuality and we need not even do that
2 **and we need not even do that - - - - -**
3 and we need not even do that
4 **and we need not even do that - - - - -**

II

1 As I approach my 69th year as I approach
 2 **Time I've advanced upon and recoiled from**

1 my 69th year my 69th year and middle-age time I've advanced upon
 2 **I wonder wondering**

1 as I approach middle-age time - - - - -
 2 **I wonder wondering time I've advanced upon**

1 I've advanced upon and recoiled from - - - wondering - - -
 2 **and recoiled from I wonder - - -**

1 as I approach my 69th year I wonder
 2 **as I approach my 69th year - - - - - wondering - - - - - wondering - - - - -**

1
2
3 Too many of us pass our lives without inquiring
4 **Too many of us pass our lives**

1
2
3 into ourselves without finding out whom we are
4 **without inquiring into ourselves**

1 As I approach my 69th year
2
3
4 **without finding out - - - - - Too many of us pass our lives**

1 I wonder
2 **As I approach my 69th year I wonder**
3 Too many of us without inquiring
4

1 wondering
2 **wondering** - - - -
3 into ourselves - - - - into ourselves - - - -
4 **without inquiring**

1 about the insatiable fury
2 **about the**
3 without questioning and confronting
4 **into ourselves**

1 of passing time
2 **insatiable fury** (hold me life
3 our interior selves
4 **without questioning**

1
2 **with tenacity)** - - - - **insatiable fury of passing time** - - - -
3
4 **and confronting our interior selves**

1 as I approach my 69th year - - - - too many of us pass our lives
2 as I approach my 69th year pass our lives - - -
 3 as I approach my 69th year - - - - too many of us pass our lives
4 as I approach my 69th year pass our lives - - -

1 without inquiring into ourselves - - - - You are
2 too many of us without inquiring - - - -
 3 without inquiring into ourselves - - - -
4 too many of us without inquiring - - - -

1 the drama - - - you are the event stunning
2 You are the drama you are the event

1 now fading I am your audience You are the drama you are
2 stunning now fading - - - - you are

1 the event stunning now fading I am your audience
2 the drama you are the event stunning now fading - - - -

1 your audience admiring now fading the event
2 **rapt attentive and eternally faithful I am**

1 stunning - - - - stunning now fading - - - -
2 **your audience your audience**

3 Words are my function but I only function when they are
4 **This is my addiction caretaker**

3 silent - - - - words are deceitful
4 **for this vast expanding reservoir of garbage**

1 and unholy they are selfish
2 **this delicious omnivorous**

3

4 **This continuum of mine**

1 The air is pure and sweet enough
2 **Thank you life**
3 and so often dishonest - - - - -
4

1 to tease the mind into submission - - - - -
2 **for giving me the good sense**
3 Cemetery on the
4

1
2
3 edge of town those old ones no longer aging
4 **Those same lions still shiver in those**

1 The air
2
3 just resting - - - - - whispering their history - - - - -
4 **same iron skins whispering their history**

1 is pure Thank you life
2 **for giving me**
3 Cemetery on the edge of town
4 **Those same lions**

1 to tease the mind
2 **the good sense** **to follow**
3 no longer aging
4 **in those same iron skins**

1 into submission - - - - No mind is necessary
2 **my spirit**
3 Thank you life
4 **whispering**

1 to be alive - - - and for a moment
2 **for giving me spirit**
3 simply to be present and for a moment
4 **their history**

1 to embrace this day thank you life - - - -
2 **and for a moment to embrace this day** - - - - **thank you life** - - - -
3 to embrace this day thank you life - - - -
4 **and for a moment to embrace this day** - - - - **thank you life** - - - -

III

1 You are the drama
2 I remember you
3 This is my addiction
4 **I showed her Chicago**

1 no mind is necessary - - -
2 **without**
3 words are my function - - -
4 **to follow my spirit** - - -

1 I remember you
2 **inquiring into ourselves - - - - -**
3 you are the drama
4 **This is my addiction**

1 The Art Institute
2 **I showed her Chicago - - -**
3 those same lions still
4 **those same lions still shivering in those**

1 but I only function when they are silent
2 **but I only function when**
3 shivering in those same iron skins - - - - -
4

1 whispering their history - - - - - There's a feeling about being
2 **they are silent - - - - -**
3
4

1 in a place
2 **by simply taking it there in the mind**
3
4 **and turning it into another place**

1
2 **by simply taking it there in the mind - - - - -**
3 then returning it to where it belongs - - - - -
4

1
2
3 then returning it to where it belongs - - - - -
4 **and turning it into another place - - - - -**

1 hold me life with tenacity - - - - - it has to do with bondage - - - - -
2 **hold me life with tenacity** **I remember - - - - -**
3 hold me life with tenacity - - - - - it has to do with bondage - - - - -
4 **hold me life with tenacity**

VOLUME #26

1 The biggest lie is that we are born
 2 **The biggest lie is that we are born**
 3 The biggest lie

1 The biggest lie The biggest lie is that we are born
 2 **The biggest lie is that we**
 3 is that - - - - The biggest lie is that we are born

1 into a world is that is that
 2 **are born into we are born we are**
 3 a world The biggest lie

1 is that is that
 2 **we are we are born The biggest lie**
 3 The biggest lie is that we are - - - -

1 that is we are born into a world of lies - - - - -
2 **is that we are born is that**
3 is that we are born

1 of lies - - - - - The biggest lie is - - -
2 **we are born into - - -**
3 into a world of lies The - - -

1 that we are born into
2 **a world of lies The biggest lie - - -**
3 biggest lie is that we are born

1 into into a world
2 **The biggest lie The biggest lie is that we are born**
3 we are born - - - into a world

1 of lies The biggest lie we are born of lies - - - - -
2 **into a world is that into a world**
3 of lies - - - The biggest lie we are born of lies - - - - -

1 and that's the truth - - - - into a world of lies
 2 **and that's the truth** and that's a lie - - - -
 3 and that's the truth into a world of truth

1 into a world of truth The biggest lie
 2 **and that's the truth - - - -**
 3 into a world of lies What
 4 **What I have** **to say**

1 is that we are born into a world
 2 **What** **I have** **to say**
 3 I have to say of life
 4 **of life** **is as**

1 and that's the truth - - - -
 2 **of lies** **to say** **of life**
 3 is as insignificant
 4 **is as insignificant** **as life**

1 of truth and that's a lie - - - -
2 is as insignificant
3 as life itself - - - -
4 **itself - - - -** what I have

1 of lies and that's the truth - - - -
2 **as life itself**
3 what I have to say of life
4 **to say** of life is

1
2 what I have
3 is as insignificant as life itself - - - -
4 **as insignificant as life itself** It's only for those

1 the biggest lie is that
2 to say
3 It's only for those who examine lives
4 **who examine - - -** lives

1 We are born
2 **of life** is - - -
3 that the unexamined life
4 **that the unexamined life** **the unexamined life**

1 into a world
2 **as insignificant** **as life itself**
3 the unexamined life
4 **is not** **in not worth living - -**

1 of lies and that's the truth - - - - The biggest lie
2 **what I have** **to say**
3 is not worth living is not
4

1 is that It's only for those it's only
2 **we are born** **for those it's only**
3 worth living is that It's only for those it's only
4 **we are - - - - -** **for those it's only**

1 that the unexamined life
2 It's only for those who examine lives
3 that the unexamined life
4 It's only for those who examine lives

1 is not worth living The biggest lie is that we are
2 that the unexamined life is not worth living
3 is not worth living The biggest lie is that we are born into a world
4 that the unexamined life is not worth living

1 born into a world of lies and that's the truth - - - - -
2 a world of lies - - - - -
3 of lies and that's the truth
4 of lies - - - - -

1 and that's a lie
2 and that's the truth - - - - - What I have to say of life is as insignificant as life itself
3 and that's a lie
4 and that's the truth - - - - - What I have to say of life is as

- 1 and that's a lie - - - -
- 2
- 3 and that's the truth - - - -
- 4 **insignificant as life itself - - - -**

- 1 and that's the truth...
- 2 **and that's the truth...**
- 3 and that's the truth...
- 4 **and that's the truth...**

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